

Be A Healer

You don't have to be a nurse or a doctor to care for a person who is sick.

You don't have to be a priest to bring God's healing to others.

All you have to do is be a PAL:



- **P**ay attention to others.
- **A**cknowledge what they need!
- **L**end a helping hand.

Make a **PAL** plan to bring healing love to people in your class,
your parish, or your neighborhood.

MY PAL PLAN

PERSON	NEED	HEALING ACTION
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____