

Living the Beatitudes

Some people think of the Beatitudes as “be-attitudes” -- ways to be in order to be truly happy. Discuss these eight be-attitudes with one or two partners.

Decide one way you can practice each be-attitude.

Keep this lesson alive all week long.

Be-attitude

Way to practice

Poor in spirit

Mourning

Meekness

Hunger for justice

Mercy

Cleanness of heart

Peacemaking

**Willing to risk for
what is right.**