- Giving Alms

 1. Call attention to the "Catholics Believe" box on page 123.
 Make the connection between giving alms and the work of
 Solanus Casey (highlighted in the feature box in the Guide
 on page 206) in starting a soup kitchen that continues to
 feed the hungry.

 2. Ask the children to name non-perishable food items that a
 soup kitchen might want. Use their suggestions to make a
 list on the board.

 3. Distribute lined paper to the children. Tell them they are
 going to write a letter to their parents asking for alms, or
 donations, for a local food coop, pantry, or soup kitchen.
 If possible, make arrangements with a specific charity
 beforehand to personalize the letter.

 4. Work with the children to compose the letter to the parents.
 At the bottom of the letter, include a number of suggested
 items taken from the list the children created.

 5. Have the children include a date on which the donations
 should be brought to class.

 6. Bring empty boxes to class on the date specified for
 donations. Have the children help you to pack the boxes.

 7. Invite the children to make a group card to include with
 their gift of food.

 8. If possible, arrange for a few of the children and their
 parents to deliver the boxes to the designated charity.

