

Family Time 12: The Ascension of Jesus

In the story of the Ascension, your child learned that before he returned to his Father, Jesus gave his disciples an important mission. He told them to go everywhere in the world to teach the Gospel, the Good News.

The disciples' mission has been handed down to all of Jesus' followers. We, too, are called to share the Good News about Jesus with others.

Ask your child to tell you which of the Gospel stories he or she most enjoyed in this section of the text. What good news did your child find in the story?

At the Ascension, Jesus promised his Apostles that he would always be with them. Jesus makes this same promise to us. The psalm below reminds us of Jesus' promise. After you have prayed it together, share with one another times when you have felt the presence of Jesus in your lives.

Psalm 139:1-5, 7, 9-10

O LORD, you have searched me and known me.

You know when I sit down and when I rise up;
you discern my thoughts from far away.

You search out my path and my lying down,
and are acquainted with all my ways.

Even before a word is on my tongue,
O LORD, you know it completely.

You hem me in, behind and before,
and lay your hand upon me.

Where can I go from your spirit?
Or where can I flee from your presence?

If I take the wings of the morning
and settle at the farthest limits of the sea,

even there your hand shall lead me,
and your right hand shall hold me fast.