

OUR CATHOLIC **I** *Heritage*

Family Time 11: The Resurrection of Jesus and an Appearance of the Lord

In today's session, the children read about Jesus' Resurrection and one of his post-Resurrection appearances to the disciples. In the Resurrection account, the empty tomb, the angels' words, and the burial cloths are signs of Jesus' Resurrection.

In his seaside appearance, Jesus shared a meal with his disciples. This recalls Jesus' gift of the Eucharist. Just as the disciples celebrated Jesus' presence at the seaside, we celebrate the Real Presence of Jesus in the bread and wine we share at Mass.

Help your child to appreciate that the Resurrection is a source of joy for all of God's people. Together, express your gratitude by praying the prayer below. Before praying, take turns naming things for which you are thankful. Invite your child to write them on the blank lines in the prayer.

Alleluia Jesus Is Risen!

Jesus, your words give us life!

Alleluia! Jesus is risen!

Jesus, you rose to new life!

Alleluia! Jesus is risen!

Jesus, you are God's Son!

Alleluia! Jesus is risen!

**We thank you, Lord, for the new life you share
with us.**

Thank you for _____

and _____.

**We praise and thank you for inviting us to share
in your new life.**

Alleluia! Jesus is risen!